

Prayer Space Report

Chilton School

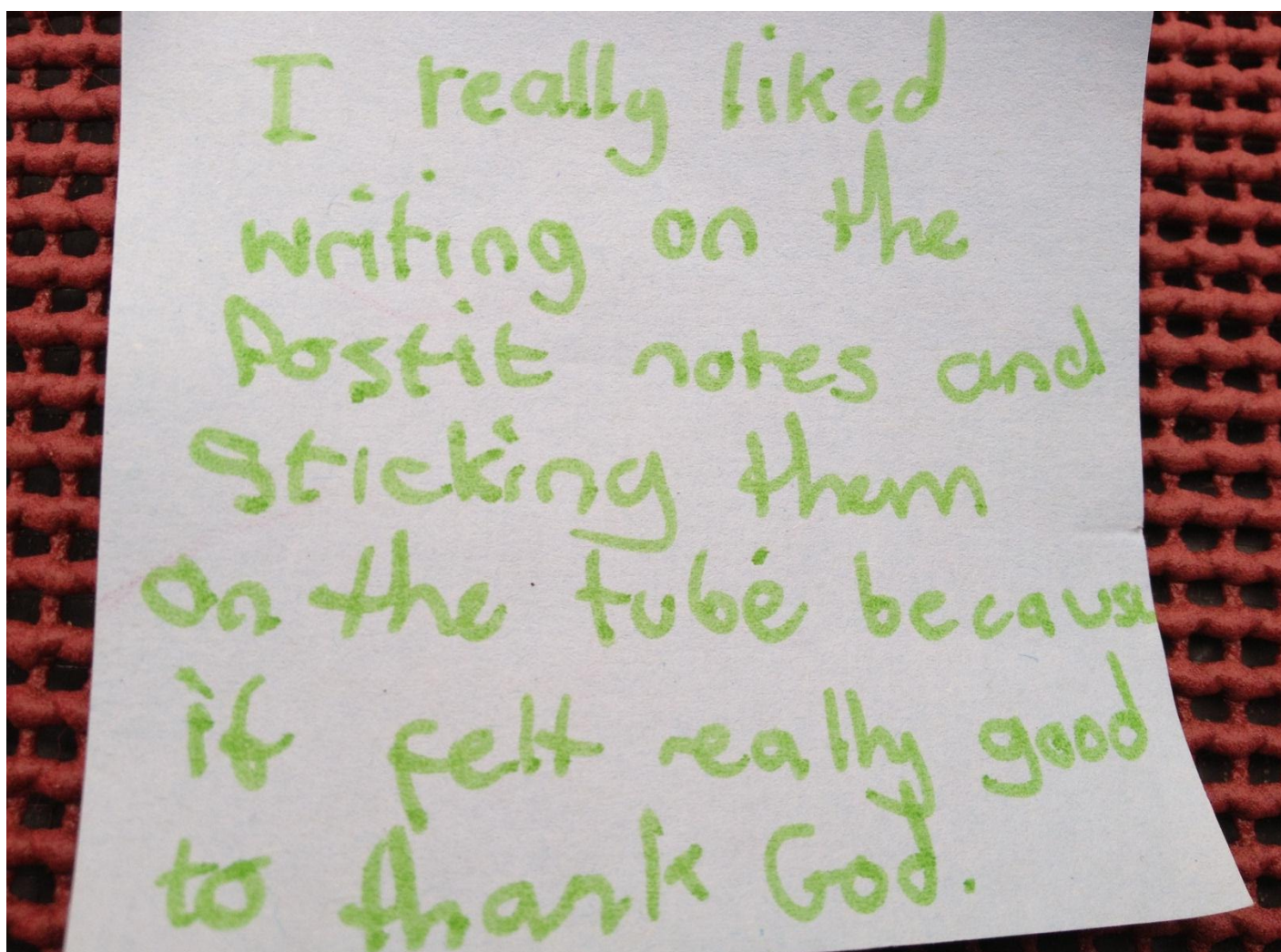
09.07.13 – 12.07.13

Organised and
facilitated by
members of
Harwell and
Chilton churches
with help from:



Introduction

This report has been created so that you have a record of the Prayer Space which took place in your school. For each Prayer Space activity we have included a brief explanation and a photo. Where possible we have also included a selection of some of the responses that were made. Hopefully this will give you some indication of the impact that the Prayer Space had on the students within your school.

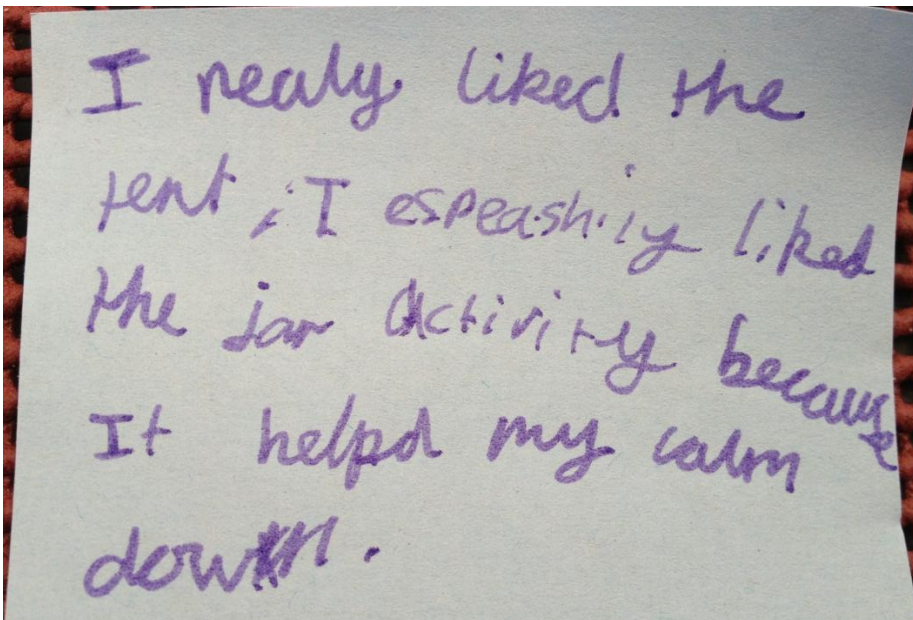


Feedback

Following each session within the Prayer Space, the students were given the opportunity to give feedback. They were encouraged to think about an answer to one or more of the following questions:

- What did you like about the Prayer Space?
- What did you not like about the Prayer Space?
- How did the Prayer Space make you feel?

The young people within the junior years were invited to write down their thoughts anonymously onto a post-it note, whilst the infant classes were invited to simply respond in a 'circle time'.



I liked saying sorry to god because now I feel happy because I am free from that sad feeling.

Wonderful I love it thank you I think I have peace in me.

I absolutely
<3 <3 <3
the be still area.

I liked how it was calm and quiet to make it easy to relax but still have fun.

I liked the please sorry and be still because they really help with your feelings.

I think it is a very relaxing and enjoyable time and it's a place where you can just be yourself.

I really enjoyed this time and it will help me in life.

Pray spaces are very useful and it's nice to have some quiet time to think.

I think it was very peaceful - by the end of it I felt more tranquil and my classmates were quieter.

I feel that it helps me to relax and think about things that are private to me.

Sorry Sand

Within the 'Sorry Zone' the students were encouraged to think about situations in which they have been involved in for which they are sorry or wish they could change or want a fresh start from.

The students were then invited to write down a prayer or thought into the sand. It was suggested that this might simply be the word 'sorry'. They were then encouraged to brush away what they had written as an opportunity to put it behind them.



Thank You Bubble Tube

Within the 'Thank You Zone' the students were encouraged to think about things for which they are thankful. It was suggested to them that this might include people, friends, family, hobbies, animals and any number of other things.

Students were then invited to write down their thoughts and prayers onto post-it notes that were stuck onto the bubble tube. Alternatively, if they wanted, they could draw a picture of thing that they were thinking of as an expression of their thankfulness. Students were then encouraged to just sit, and watch the bubbles go up.



Thank you for
being there
for me.

Thank you teddy
for coming to
bed with me.

Thank you for
the love and
everything I got.

I would like to say
thank you for bringing
my family together
even in bad times.

I thank you for changing
my mind about my dad and
life because I thought I
was a waste of space and
time.

Thank you for
everything but
especially food
and maths.

Thank you for
making me be
alive.

Thank you for
giving me
happiness.

Thank you for
a lovely
teacher.

Thank you for
making my mum
and dad my mum
and dad.

Calm Jars

Within the 'Calm Jar Zone' the students were presented with a 'calm jar' (a big jar filled with coloured water and glitter) and an MP3 player. It was suggested that life can be busy and that sometimes we don't have a chance to just be still.

Students were encouraged to listen to the track on the MP3 player on which they were invited to think about what was on their mind. Students were then encouraged to shake the jar and watch the glitter swirl around and, as they begin to watch the glitter settle, picture the worries in their life beginning to settle as well.



Community

Within the 'Community Zone' the students were encouraged to think about the local area, about where they lived, about Chilton, about their school, about all the people they know who live near to them.

Students were then invited to write down their thoughts and prayers onto a post-it note before then finding the area that they'd been thinking about on the map, and sticking it there.



I wish I
could see
you more.

God can you
make sure the
dogs ok.

I am thinking of
my dad who
doesn't live with
me.

Thank you for
all you have
done for me.

Let my mum
have the
best day.

Thank you
for family.

Help my
sister do well
in her exam.

Please make
sure no one
gets really sick.

Thank you for
everything
mummy and
daddy.

God, is dad ok at work because he got up early.